Moyse's Exercises Journaliers
simplified for novice to intermediate flutists

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Scale Class using Moyse's book.

Chromatic Scales

Play each slowly twice with glorious tone quality. Gradually expand the range up to your highest (best) pitch, and eventually add low C# and low C to the bottom of the scale. Metronome helpful for even fingers.

Whole Tone Scale no. 1
CDE always followed by F#, G#, A#

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Whole Tone Scale no. 2  
FGAB always followed by Db and Eb

Augmented 5th Chords  (ie: C, E, G# is a 1-3-#5 chord where the fifth note is a semitone higher than a major chord)

(Db, F, A is also an augmented fifth chord, where the fifth note is sharpened 1/2 step from Ab)
Augmented 5th Chords

Diminished Seventh Chords

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Major Scales

C Major Scale

Db Major Scale

D Major Scale

Ask yourself: Is my tone beautiful descending, as well?

Eb Major Scale

E Major Scale

F Major Scale

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For these last few scales that ascend quite high into the third register, feel free
to play only as high as your best note, (best in tone quality), and then descend again.
You can add one higher note every few days or weeks, as your longtone
studies gradually help improve your top register. Get help from your flute teacher.
Harmonic Minor Scales

Place a pause anywhere you like, depending on tempo that you choose. Breathe for a beat or two, and then repeat the note you paused on and continue. Later when you speed up the tempo, you will find you can play longer phrases.

C Harmonic Minor

Note: you can add your own "pause and rest" places. Just put mentally created pauses wherever you need to or want to for musical effect.

You can then restart on the note you paused on to create the new starting point.

C# Harmonic Minor

D Harmonic Minor

Eb Harmonic Minor

Feel free to improvise and create your own patterns using 2-3 notes at a time.

* B# = C natural.
E Harmonic Minor

F Harmonic Minor

F# Harmonic Minor

G Harmonic Minor

G# Harmonic Minor

Feel free to add lots of pauses when first learning these more challenging scales.

**F double sharp is equal to G natural.

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Ab Harmonic Minor

Note: This is the same scale you just played on pg. 7 as G# minor.

Pause to find your best ringing, round and clear tone.

A Harmonic Minor

Check high register fingerings if unsure; consult fingering chart.

Bb Harmonic Minor

B Harmonic Minor

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Improvising using scales

You can use scale patterns to read forwards backwards and create your own "turn-around points". Go back over the major and minor and re-write them to suit the moment. Add articulations & expression.

C harmonic minor improvisation sample:

\[ \begin{array}{c}
\text{\textbf{mf}} \\
\end{array} \]

D minor improv sample

\[ \begin{array}{c}
\end{array} \]

F minor improv sample

\[ \begin{array}{c}
\end{array} \]

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